

TRAILS TO A CURE

8-Mile Trail Race

ROCKS, ROOTS & OPTIONAL WATER CROSSING

3-Mile Walk for those non-wilderness types

In Memory of Steve Hancock

Cockaponsett State Forest, Chester, CT

Sunday, Sept 25, 2016 "RAIN OR SHINE"

8:00 AM Registration - 9:00 AM Trail Race & Walk Start

\$20.00 By 9/4/2016 - \$25.00 After 9/4/2016 and on race day

Tee Shirts for the 1st 100 registered

Awards and Refreshments following

Now Part of the
CT BLUE BLAZED TRAIL RUNNING
SERIES!

Check <http://www.ctwoodlands.org/Run-for-the-woods> for Series information

Stephen (Steve) Hancock 12/16/1947 - 8/15/2006

On the first Saturday of August 2006 Steve Hancock stood on the Ocean Beach boardwalk after the John and Jessie Kelley Road Race and belted out a Rod Stewart song with the post-race band. He even jumped around, like Stewart. His friends watched in amazement, shaking their heads. You'd never know he has cancer, they said.

That's how Steve lived for his last 2-1/2-years after being diagnosed with pancreatic cancer in January 2004. He made it through two more Manchester Road Races as a founding member of the "Plaiders", an impromptu singing group who wear plaid jackets while serenading spectators and other runners. He also resurrected and directed two more "Trails to a Cure" races to benefit pancreatic cancer research, springing himself from the hospital to direct the 2006 race.

But Hancock, of Bozrah, could only fight so long against the cancer that has a 99% mortality rate. He died on August 15, 2006, leaving his wife Brenda, his children Stephen and Michelle and his many friends. He was 58.

Hancock, who retired from Electric Boat, was a longtime runner and marathoner. After the 1982 Montreal Marathon, with friends John Ficarra and Pete Volkmar, he, on impulse, bought 3 hideously attractive, red, white and blue plaid wool jackets. The three wore them that year at the Manchester Thanksgiving race and "The Plaiders" were born. Their signature song was "Only You" and sounded like the original in words only. Dean Festa and Tommy Lee joined the group a year later, wearing their own version of plaid.

During an interview with a Lori Riley-Hartford Courant newspaper article Festa described the scene. "What happens is that we're running and Steve will go "Hey, hey!" we'll stop and he'll point to an old lady. We'll be running and have to back-track a quarter mile and find Steve singing "Only You" to her."

The Plaiders have acquired Steve's long-time friend Billy Marshall to fill the void left by Steve's passing. "It's just hard not having him", Festa notes. "I don't think it's going to stop. It's a tribute to Steve. If we don't do it, the cancer won"



*** OUR GOAL** is to raise money for Pancreatic Cancer Research in Steve's memory. PanCan is a 501(c) national nonprofit advocacy organization that works to focus attention on the need to find a cure. PanCan embraces the urgent need for more research, effective treatments, prevention programs and early detection methods.

VIRTUAL RUNNER: Can't make the race or walk? Become a virtual runner by contributing \$25.00 and a race tee shirt will be mailed to you.

PLEDGES Help bring awareness to your community. Please use this application to pledge any amount you desire, use the "Friend of Steve/PanCan block below."

DONATION CHECKS - Should be made payable to **PanCan** to qualify as charitable donations.

RACE ENTRY CHECKS - should be made payable to:

TRAILS TO A CURE

For more information please contact:
 Michelle Hancock @ 860-949-2948
 Steve Hancock @ 860-303-0808
 Pete Volkmar @ 860-437-7247

DIRECTIONS:

RT I-91 or I-95 to RT-9, Exit 6, Follow the signs to Cockaponsett State Forest or Trail Race

AWARDS in the following age groups (Male and Female) 18-29, 30-39, 40-49, 50-59, 60-69, Over 69

**THIS 8-MILE TRAIL RACE
 HAS NUMEROUS ROOTS, ROCKS,
 SEVERAL WATER CROSSINGS,
 AND AN OPTIONAL SWIM
 ACROSS A SMALL COVE
 OR A RUN THROUGH
 A MUD FLAT NEAR
 THE END**

Now Part of the
**CT BLUE BLAZED TRAIL RUN-
 NING SERIES!**
 Check <http://www.ctwoodlands.org/Run-for-the-Woods>
 for Series information

Register on-line at:

IMATHLETE
 inform.inspire.connect.

Enter "Trails to a Cure"
 in the search block

IN MEMORY OF STEVE HANCOCK

**September 25, 2016
 Cockaponsett State
 Forest
 Chester, CT
 9:00 AM**

BENEFITTING
**Pancreatic
 Cancer
 Research**

Mail completed application with check to: **TRAILS TO A CURE**

\$20.00 By 9/11/2016 - \$25.00 After

Make checks payable to:
TRAILS TO A CURE

**174 PLANT ST
 NEW LONDON CT 06320**

To the first 100 registered
Tee Shirt
 (Circle your size)
**S M L
 XL XXL**

Please select an event or donation

8-Mile Trail Race	<input type="checkbox"/>	3-Mile Walk	<input type="checkbox"/>	\$25.00 Virtual Runner (Tee Shirt Shipped to You)	<input type="checkbox"/>	Friend of Steve/PanCan - Donation	<input type="checkbox"/>
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NAME: AGE:

ADDRESS: SEX:

CITY: ST: ZIP:

EMAIL: PHONE:

Waiver: I hereby waive and release any and all claims for injuries and damages for myself and all listed dependants against PANCREATIC CANCER NETWORK (PanCan), event sponsors, venue management, and all personnel for any injury I or listed dependants might suffer during or as a result of this event. I attest that I and all listed dependants, are physically fit and prepared for this event. I grant full permission for organizers to use photographs and/or videos of myself and all listed dependants and/or quotations of myself and all listed dependants, for legitimated accounts of this event and promotion of PanCan. PanCan is not responsible for any items lost or stolen at any time before of after the event. I understand that I am fully responsible for all listed dependants for the duration of the event and must accompany them at all times. I also agree that my entry fees, once paid, are non-refundable.

I have read and agree to the terms of the waiver on this form. Signature _____ Date: _____
 (Parent if participant is under 18-years)