

ST. JOSEPH SCHOOL 26TH ANNUAL 3 MILE RACE, KIDS FUN RUN, & 4TH "LICKETY SPLIT" MILE



WHEN: SAT. MARCH 30, 2019 (6:30-8:30) REGISTRATION (8:30) LICKETY SPLIT MILE (9:00) KIDS ½ MILE FUN RUN (9:30) 3 MILE RACE

WHERE: ST JOSEPH SCHOOL—10 SCHOOL HILL RD., BAL TIC, CT. 06330 *CORNER OF SCHOOL HILL RD. AND RT. 207 {Exit 18 off Rt.395-Formally Exit 83}

WHY: ALL PROCEEDS WILL GO TOWARDS THE SCHOOLS PHYSICAL EDUCATION PROGRAM. **TIMING OF RACE:** SNERRO

ENTRY INFO: *3 MILE RACE/1 MILE RACE (\$26 –PRE-REGISTRATION/ \$30 RACE DAY).....ITS A STRAIGHT FEE WHETHER YOU RUN ONE OR BOTH RACES!!!
*ST. JOSEPH SCHOOL STUDENTS (\$10-PRE-REGISTRATION/\$15 RACE DAY) *KIDS FUN RUN (\$12-PRE-REGISTRATION/ \$15 RACE DAY)

AWARDS + PRIZES *UNIQUE TROPHY AWARD CEREMONY TO TOP 3 PLACES IN 9 AGE CATEGORIES FOR 3 MILE RACE....YOU CHOOSE THE TROPHY YOU WANT!

- * RIBBONS AWARDED FOR ONLY TOP RUNNERS IN 9 AGE CATEGORIES FOR ONE MILE RACE....TIMES CALCULATED TOWARDS RUN AMOK SERIES.
- * FREE T-SHIRTS GUARANTEED TO 1ST 125 PRE-REGISTERED FOR EITHER 3 MILE/ 1 MILE RACE....LIMITED AMOUNT FOR RACE DAY REGISTRATION.
- * ALSO TSHIRTS FOR FUN RUN ENTRANTS-ONLY IN TWO YOUTH SIZES.
- * \$50 FOR COURSE RECORD AND INDIVIDUAL PRIZES FOR AGE CATEGORY COURSE RECORDS FOR THE 3 MILE RACE.
- * RAFFLE PRIZE DRAWING AFTER AWARDS CEREMONY-OPEN TO "ALL" WHO WORE A BIB#....THAT INCLUDES THE FUN RUN PARTICIPANTS!
- "RACE #1 OF THE "RUN AMOK" RACE SERIES.....MORE INFO ON BACK OF APPLICATION.



OVERALL MALE/FEMALE WINNER IN 3 MILE RACE WILL RECEIVE PROMO CODE FOR FREE SHIRT FROM **MYLOCKER.COM**.....
CUSTOMIZE YOUR OWN CLOTHING!!!

Saint Joseph 100% CUSTOM 1 or 100 - No Order Minimums!
DESIGN YOURS YOURS
Customize Logo, Activity & Year
Choose color
DESIGN NOW MYLOCKER

WE ENCOURAGE PRE-REGISTRATION FROM ALL-IT HELPS IN CUTTING DOWN COSTS FROM SNERRO!!

⊗ **REGISTRATION BY MAIL:** MAKE CHECKS PAYABLE TO { ST. JOSEPH SCHOOL}..... AND MAIL TO: ▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶▶
There is **NO Online Registration!!!** (ALL CHECKS WILL BE DEPOSITED THE FOLLOWING WEEK AFTER THE RACE DATE)

GLENN COSTELLO-SJS 3 MILE RACE
75 LAFAYETTE ST.
NORWICH, CT. 06360

⊗ **NO REFUNDS FOR FAILURE TO ATTEND RACE!!!**

⊗ **FURTHER INFO:** GLENN COSTELLO PHONE: (860) 886-2828 E-MAIL: (rungdc@aol.com) <http://rungdc.wixsite.com/stjoes3milerace>

AMPLE REFRESHMENTS-MANY CONSIDER THE BEST POST-RACE BUFFET IN CONNECTICUT!!

=====tear off here and return lower portion-good luck in your race=====

LAST NAME										FIRST NAME										SEX	AGE	PHONE #									
MAILING ADDRESS																				CITY											
ZIP CODE					STATE					EMAIL ADDRESS																					

RACE ENTERED: 3 MILE RACE 1 MILE RACE KIDS ½ MILE FUN RUN FR
(MARK RACE BOX WITH "X") YOU CAN RUN BOTH THE 1 AND 3 MILE RACES IF YOU WANT-STILL PAY ONE PRICE!!!

(T-SHIRT SIZE... 3 MILE/1 MILE) YXL S M L XL
(KIDS FUN RUN-Youth Sizes Only) YM YL

IN CONSIDERATION OF THIS ENTRY BEING ACCEPTED, I WAIVE ANY AND ALL CLAIM OF MYSELF, MY HEIRS, EXECUTORS, AND ADMINISTRATORS, AGAINST OFFICIALS, SPONSORS, VOLUNTEERS, SNERRO, ST.JOSEPH SCHOOL, TOWN OF SPRAGUE AND THE CITY OF NORWICH FOR INJURY OR ILLNESS WHICH MAY DIRECTLY/INDIRECTLY RESULT FROM MY PARTICIPATION AND/OR TRAVEL TO THE EVENT. I CERTIFY THAT I HAVE TRAINED AND AM PHYSICALLY FIT FOR THIS EVENT. I ALSO CERTIFY AND GIVE PERMISSION FOR ANY MEDIA OUTLET TO FILM/RECORD ANY IMAGE OF MYSELF OR MY CHILD. I ALSO UNDERSTAND THAT THERE IS NO REFUND OF FEES FOR NON-PARTICIPATION OF RACE.

DATE

SIGNATURE (PARENTS SIGNATURE IF UNDER 18)

CIRCLES FOR OFFICE USE ONLY

FR 1 3

**THIS RACE IS PART OF THE MOHEGAN STRIDERS "GRAND PRIX" RACE SERIES,
AND THE "RUN AMOK" I MILE RACE SERIES.**

SNERRO