



Waterford Lancer Football 4 1/4 - Miler

Sunday, October 15th, 2017 @ 9:00 a.m.

Great Neck School, 165 Great Neck Road, Waterford, CT 06385

Please join our players, coaches and parents on Sunday, October 15th 2017 for the 3rd annual **Waterford Lancer Football 4 1/4- Miler** to support the WHS football program. Race day registration and packet pick-up opens at 8:15 am.

4 1/4 - Mile RACE STARTS AND ENDS AT GREAT NECK SCHOOL

Course: 4 1/4 mile loop (map on back)

Entries: \$20, pre-registration ends 9/15/17 (\$25 after 9/15/17)

T-shirts: Free for the first 75 pre-registered runners

To Enter: Make checks payable to: **WHS-SAF (please write Football in memo line)**

Mail to: William Raveis Real Estate
33 Main Street
Old Saybrook, CT 06475
Attn: Adrienne Spitz

Questions: Email: adrienne.spitz@gmail.com

Official Application: Shirt Size: Adult S M L XL XXL Child S M L

Last Name: _____ First Name: _____

Gender: Male / Female Age on Race Day: _____

Street: _____ City/Town: _____

State/Zip: _____ Phone: _____

Email: _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including cold, snow, and/ or ice, high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Waterford Lancer Football 4 Miler, its directors, officers, and staff, the town of Waterford and its employees, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I understand that dogs on leashes, in-line skates, bicycles and vehicles to transport children are prohibited and that violation of this prohibition will result in disqualification.

X _____

