

The 27th running of the Colchester Half Marathon

USATF Certified course (CT12001JHP)

February 23, 2019, 10:00 a.m. sharp

a Hartford Track Club Winter Series Race

Where: Bacon Academy, Colchester's High School, 611 Norwich Avenue, Colchester, Connecticut 06415-2142

Course: *USTAF Certified, 13.10938 hilly miles.* There will be three water & Gatorade stations, professional computerized chip timing, mile signs, volunteers on every turn, lots of hills, dirt roads, cows, rural scenery, and more hills. There will be pre & post race massages & a post race carbo re-load party in the Bacon Academy cafeteria with hearty food, non-alcoholic beverages, results, excuses, tales of woe, camaraderie ~ guests are welcome especially if they can volunteer to help. For more information or to volunteer please contact **Rick Konon**,

e-mail: r-kon@sbcglobal.net, telephone: 8:00 a.m. until 8:00 p.m. **860-537-4597**. *Thanks!*

Need community service time? Contact Rick!

Facilities: Restrooms & showers at Bacon Academy
Bacon Academy cafeteria post race party

Entry fee: \$14.00** not refundable, includes post race party!

Race Day Entry fee: \$20.00**

- **Register on line** <http://www.lightboxreg.com/colchester-half-marathon?func=&mobile=0> **there is no on line service fee!** *We want to encourage online registration but not discourage mail in registration!*
- **On line registration available until 6:00 p.m. Friday February 23**
- **Register by mail - You must mail your application by Monday February 19!**
- **Race day registration ends at 9:45 a.m. ~ come early, get a massage, talk with friends!!**
- Make checks payable to: Rick Konon ~ Mail to: Rick Konon, 44 Caisson Road, Colchester, CT 06415-2100

** Offer to all runners - think the entry fee is too high, send me what you want! If you don't have at least \$14.00 worth of fun, or consume \$14 worth of food & drink, or don't get at least \$14 worth of endorphins, we are even. But if you have a great time, be sure to put some more cash into the donation containers.

Broke? Can't afford the gas & the entry fee? Come out and run it for free and come to the post race party too, just be sure & try to make it back when you can afford to pay! We don't want to turn anyone away from a course this tough!

Directions: Google or Map Quest - **611 Norwich Avenue, Colchester, CT** , or e-mail or call Rick.

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Colchester Half Marathon Race Application Form

for official use only **BIB #**

Help us spell your name correctly-Please Print neatly

In consideration of acceptance of this entry, I the undersigned, intending to be legally bound, do hereby for myself, my children, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against any and all race sponsors, directors, volunteers, hired services, facilities, or the cities and towns in which this event is contested, their representatives, successor or assigned, including but not limited to the Town of Colchester, Bacon Academy, The Hartford Track Club, the Town of Lebanon, and the State of Connecticut for any injuries suffered by me in said event or to and from such event. I realize that this event is run on public roads and there is little or no traffic control provided and that I participate in this event at my own risk. I attest and verify that I am physically fit and sufficiently trained for completion of this event and a licensed medical doctor has verified any physical condition within the last six months. Further, I hereby grant full permission to any and all of the foregoing to use my photographs, videotapes, motion pictures, recordings, and any other record of this event for any purpose without compensation or remuneration. I also give my permission and consent to act in my behalf to authorize medical treatment should it be required.

Name: _____ Age on race day: _____ Birth date: _____
(as you would like to see it in the results - Help us spell your name correctly - Please Print neatly)

Address-Street: _____ Male: _____ Female: _____

City, State, Zip Code: _____

**EMAIL: _____ Phone: _____

Signature: _____ Date: _____

Participant's signature; parent or guardian's signature if Participant is under 18 years old.