

| <u>Dist</u> | <u>Start</u> | <u>Name</u> | <u>Cert Code</u> | <u>Race City</u> | <u>Race Director</u> | <u>Email</u> | <u>Phone</u> |
|-----------------------|--------------|-------------|--------------------------|------------------|----------------------|------------------------|---|
| <u>March 2019</u> | | | | | | | |
| 2 | 5K | 9:00 AM | KELLEY'S PACE HARE HOP | CT16004JHP | MYSTIC, CT | JEFF ANDERSON | jeff@kelleyspacemystic.com 860-536-8175 |
| 16 | 5K | 10:00 AM | MYSTIC IRISH | CT15022JHP | GROTON, CT | BEN MORSE | bmorse@groton-ct.gov 860-536-5680 |
| 30 | 1-MI | 8:30 AM | LICKETY SPLIT MILE | | BALTIC, CT | GLEN COSTELLO | rungdc@aol.com 860-886-2828 |
| 30 | .5 MI | 9:00 AM | KIDS' ST. JOSEPH'S | | BALTIC, CT | GLEN COSTELLO | rungdc@aol.com 860-886-2828 |
| 30 | 3 MI | 9:30 AM | ST. JOSEPH'S OF BALTIC | | BALTIC, CT | GLEN COSTELLO | rungdc@aol.com 860-886-2828 |
| <u>April 2019</u> | | | | | | | |
| 6 | 5K | 10:00 AM | RUN TO RECOVERY | | WATERFORD, CT | ROB BRULE | rob.rule@icloud.com 860-884-0230 |
| 7 | 5K | 10:00 AM | GREAT STRIDES | CT10027JHP | WATERFORD, CT | JENNIFER LERCARA | jenniferlecara@yahoo.com 877-579-9202 |
| 13 | 5K | 10:00 AM | SALEM ROAD RACE | CT13001JHP | SALEM, CT | SKIP STANGLAND | skip.stang@comcast.net 860-859-2840 |
| 20 | 10K | 11:00 AM | CHIKUMBUSO | | NORTH STONINGTON, | SABRINA BUEHLER | sabrinabuehler@gmail.com 860-710-3360 |
| 22 | 5K | 3:00 PM | DONAHUE MEMORIAL | | PAWCATUCK, CT | LIZA ROBINSON | lbr2442@gmail.com 860-941-2921 |
| 27 | 5K, 5M | 11:00 AM | CLAMDIGGER | RI1002&04R | WESTERLY, RI | JEFF WALKER | jeffrey.walker@cox.net 401-447-1879 |
| 28 | 5K | 10:00 AM | BOARDWALK | CT16021JHP | NIANTIC, CT | MICHAEL MCDOWELL | mmcdowell@eltownhall.com 860-739-6788 |
| <u>May 2019</u> | | | | | | | |
| 4 | 5K | 10:00 AM | JOG WITH JUDY | CT18016JHP | WOODSTOCK, CT | MELISSA JAMESON | jameson2205@yahoo.com 860-942-9815 |
| 5 | 5K | 9:00 AM | MONTVILLE LIONS RUN | | MONTVILLE, CT | TIFFANY WILLIAMS | TIFFANY1@ATLANTICBB.NET 860-608-8294 |
| 11 | 10K | 1:00 PM | SHAD BLOOM TRAIL RACE | | BLOCK ISLAND, RI | DAVE SNIFFEN | recreation@new-shoreham.com 401-466-3223 |
| 25 | 4 MI | 9:00 AM | DELANEY DASH | CT09025JHP | OLD SAYBROOK, CT | KAREN SHORT | pvolkmar@snet.net 860-437-7247 |
| 27 | 5K | 10:00 AM | MYSTIC BEARATHON | | MYSTIC, CT | ANN-MARIE HOULE | ahoule@stoningtonschools.org 860-867-3126 |
| 31 | 7.4&3.4 MI | 6:00 PM | TWILIGHT TRAIL RUN | | GROTON, CT | KURT HANSEN | twilightrailrun@hotmail.com 860-536-0060 |
| <u>June 2019</u> | | | | | | | |
| 1 | 5K | 9:00 AM | PAWCATUCK LIONS | | PAWCATUCK, CT | MELANIE DIAMANTI | melanie.diamanti@pfizer.com 860-501-3239 |
| 2 | 5K | 9:30 AM | OSWEGATCHIE | CT16024JHP | WATERFORD, CT | JESSICA FEDOR | jfedor@waterfordschools.org 860-460-1551 |
| 7 | 10K | 6:00 PM | NIANTIC BAY | CT10018JHP | NIANTIC, CT | MICHAEL MCDOWELL | mmcdowell@eltownhall.com 860-739-6788 |
| 8 | 5K | 10:00 AM | TOUR DE NOANK | CT10006JHP | GROTON, CT | BEN MORSE | bmorse@groton-ct.gov 860-536-5680 |
| 8 | 1K | 9:30 AM | KIDS DE NOANK | | GROTON, CT | JERRY LOKKEN | jlokken@groton-ct.gov 860-536-5680 |
| 9 | 5K | 9:30 AM | TRAILS TO RECOVERY | | GROTON, CT | KEN EDWARDS | kedwards@thayermahan.com 860-250-1119 |
| 13 | 5K | 7:00 PM | ST. CATHERINE'S | | PRESTON, CT | RONALD PICCOLI | rpicoli@comcast.net 860-887-2163 |
| 20 | 1 MI | 7:00 PM | CANNONBALL RUN | | PRESTON, CT | TIM KANE | tkkane@comcast.net 860-823-1422 |
| 23 | 2.7, 5.8 MI | 10:00 AM | BACK ROAD RAMBLE | | CHARLESTOWN, RI | KAREN ALLEN | kallen@oceancommunityymca.org 401-539-2306 |
| <u>July 2019</u> | | | | | | | |
| 25 | 5K | 6:00 PM | BLESSING OF THE FLEET | CT16041JHP | STONINGTON, CT | MICHELLE CROWLEY | stoningtonblessing5k@gmail.com 860-326-8505 |
| 27 | 1 MI | 10:00 AM | GREENEVILLE MILE | | NORWICH, CT | RAY GUILLET | rayguillet@att.net 860-303-0344 |
| <u>August 2019</u> | | | | | | | |
| 3 | 13.1 MI | 9:00 AM | OCEAN BEACH (FREE) | | NEW LONDON, CT | WAY HEDDING | wayhedding@att.net 860-739-9927 |
| 10 | 5-MI | 8:30 AM | DKH CANCER FUND | | PUTNAM, CT | PAT HEDENBERG | phedenberg@daykimball.org 860-928-7141 |
| 14 | 1 MI | 6:00 PM | NICK BOTTONE MILE | | WESTERLY, RI | JEFF WALKER | jeffrey.walker@cox.net 401-447-1879 |
| 17 | 5K | 9:00 AM | WAHANEETA TRAIL | | WESTERLY, RI | JEFF WALKER | jeffrey.walker@cox.net 401-447-1879 |
| 20 | 5K | 6:15 PM | BATTLE OF STONINGTON | CT11022JHP | STONINGTON, CT | JEFF ANDERSON | jeff@kelleyspacemystic.com 860-536-8175 |
| 21 | 5K | 6:00 PM | STONINGTON XC | | STONINGTON, CT | JEFF WALKER | jeffrey.walker@cox.net 401-447-1879 |
| <u>September 2019</u> | | | | | | | |
| 7 | 15K | 1:30 PM | RUN AROUND THE BLOCK | | BLOCK ISLAND, RI | MOLLY O'NIEL | bichamber@yahoo.com 401-466-2474 |
| 13 | 5K | 6:00 PM | RAINBOW RUN | | NIANTIC, CT | MICHAEL MCDOWELL | mmcdowell@eltownhall.com 860-739-6788 |
| 14 | 5K | 9:00 AM | RACE TO END HUNGER | CT10035JHP | COLCHESTER, CT | JAMIE ROACH-DECKER | jrdmdd@comcast.net 860-537-5185 |
| 15 | 4&8 MI | 9:00 AM | TRAILS TO A CURE | | CHESTER, CT | BECKY & CHARLIE ISELIN | rebeccaiselin@comcast.net 203-980-0537 |
| 19 | 3 MI | 6:00 PM | STAVROS BEACH RUN (FREE) | | WESTERLY, RI | JEFF WALKER | jeffrey.walker@cox.net 401-447-1879 |

Races SNERRO is contracted for in 2019

<http://www.snerro.com>

As of 2/4/2019

| <u>Dist</u> | <u>Start</u> | <u>Name</u> | <u>Cert Code</u> | <u>Race City</u> | <u>Race Director</u> | <u>Email</u> | <u>Phone</u> |
|-----------------|--------------|---------------------------------------|------------------|------------------|----------------------|---------------------------------|-----------------------|
| 20 | 5K | 6:00 PM DEERFOOT | | CHARLESTOWN, RI | VICKY HILTON | vhilton@charlestownri.org | 401-364-1222 |
| 21 | 5K | 9:00 AM 5K FOOT PURSUIT | CT10027JHP | WATERFORD, CT | MEGAN SYLVESTRE | msylvestre@waterfordct.org | 860-449-2039 |
| 28 | 1 MI | 9:30 AM SACRED HEART DASH | | TAFTVILLE, CT | GLEN COSTELLO | rungdc@aol.com | 860-886-2828 |
| 29 | 5K | 10:00 AM LANCER FOOTBALL 5K | | WATERFORD, CT | JOHN STRECKER | john-strecker@sbcglobal.NET | 860-884-6212 |
| <u>October</u> | | <u>2019</u> | | | | | |
| 5 | 5K, 8K | 10:00 AM RUN FOR THE PUMPKINS | | WESTERLY, RI | JEFF WALKER | jeffrey.walker@cox.net | 401-447-1879 |
| 6 | 1-MI | 11:00 AM STRIDES 1-MI FUN RUN & | | WATERFORD, CT | DENISE TIFT | dtift@thearcnlc.org | 860-889-4435, V116 |
| 6 | 10K | 9:30 AM STRIDES ROAD RACE | | WATERFORD, CT | DENISE TIFT | dtift@thearcnlc.org | 860-889-4435, V116 |
| 6 | 5K | 9:30 AM STRIDES ROAD RACE | | WATERFORD, CT | DENISE TIFT | dtift@thearcnlc.org | 860-889-4435, V116 |
| 12 | 5K | 10:00 AM ST. MICHAEL SCHOOL | | PAWCATUCK, CT | LINDA CUNNINGHAM | wolverinewoman@gmail.com | 860-599-1084 |
| 19 | 1.8-MI | 10:00 AM ST. BERNARD MIDDLE XC | | UNCASVILLE, CT | MOLLY KUNKA | kunka915@sbcglobal.net | 860-334-8225 |
| 26 | 5K, 1K | 9:00 AM RUN FOR YOUR LIFE | CT10027JHP | WATERFORD, CT | LISA GIORDANO | runforyourliferace@gmail.com | |
| <u>November</u> | | <u>2019</u> | | | | | |
| 9 | 4.75 MI | 10:00 AM EBAC FALL CHALLENGE | | NEW LONDON, CT | JON CARR | jcarr@gdeb.com | 860-433-1098 |
| 10 | 5K | 10:00 AM SETTING THE PACE | | WESTERLY, RI | JENNIFER FUSCO | execdir@westerlylandtrust.org | 401-315-2610 |
| 16 | 5K | 9:30 AM HIGH SCHOOL TURKEY TROT | CT10027JHP | WATERFORD, CT | ALYSON WOZNICKI | awoznicki@waterfordschools.org | 860-961-7736 |
| 17 | 4&8 MI | 10:00 AM L'IL RHODY RUNAROUND | | CHARLESTOWN, RI | JEFF WALKER | jeffrey.walker@cox.net | 401-447-1879 |
| 30 | 5K | NOON BLOCK ISLAND TURKEY TROT | | BLOCK ISLAND, RI | KAREN ALLEN | kallen@oceancommunityymca.org | 401-539-2306 |
| <u>December</u> | | <u>2019</u> | | | | | |
| 1 | 5K | 10:00 AM DIALYSIS CHARITY RACE | | NORWICH, CT | JANICE CARLISLE | JanieC@esrd-patient-support.org | 860-204-0712 |
| 8 | 5.1 MI | 11:00 AM PEARL HARBOR MASTER'S | | WATERFORD, CT | BRIAN FLAHERTY | flaherty@waterfordct.org | 860-444-5881 |
| <u>January</u> | | <u>2020</u> | | | | | |
| 7 | 5 MI | 9:00 AM KELLEY'S PACE FROSTBITE | CT16005JHP | MYSTIC, CT | JEFF ANDERSON | jeff@kelleyspacemystic.com | 860-536-8175 |