

2009 SNERRO SCHEDULE

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Jun 12, 2009

	<u>DIST</u>	<u>TIME</u>	<u>NAME</u>	<u>CERT. CODE</u>	<u>RACE CITY</u>	<u>eMAIL / WEB</u>	<u>PHONE</u>
February	2009						
1	5 km	10:00 AM	RUN FOR REFUGEES	CT98003DR	NEW HAVEN, CT	www.jbsports.net	(203) 481-5933
14	4 Mi	10:00 AM	SWEETHEART RUN		STRATFORD, CT	wssac-ct@juno.com	(203) 481-7453
28	13.1 mi	10:00 AM	COLCHESTER HALF MARATHON		COLCHESTER, CT	r-kon@sbcglobal.net	(860) 537-4597
March	2009						
1	3 mi	1:00 PM	KELLEY'S PACE HARE HOP		MYSTIC, CT	camires@camires.com	(860) 536-8175
8	5 km	9:00 AM	12th 99.1PLR SHAMROCK & ROLL	CT98003DR	NEW HAVEN, CT	www.jbsports.net	(203) 481-5933
12	5 km	11:30 AM	ST. PAT'S 5K		PROVIDENCE, RI	help@stpats5k.com	(401) 953-6333
14	5 km	10:00 AM	BULLDOG CROSS COUNTRY		LEBANON, CT	krifton528@gmail.com	(860) 886-7710
15	4 mi	11:00 AM	ST. PATRICK'S DAY CLASSIC	CT02001DR	FAIRFIELD, CT	wssac-ct@juno.com	(203) 481-7453
22	5 mi	11:00 AM	LEPRECHAUN 5 mi RUN		MADISON, CT	jonathan.e.snyder@smithbarney.com	(203) 421-2223
28	1/2 mi	9:00 AM	ST. JOSEPH'S KIDS FUN RUN		BALTIC, CT	rungdc@aol.com	(860) 886-2828
28	3 mi	9:30 AM	ST. JOSEPH'S OF BALTIC		BALTIC, CT	rungdc@aol.com	(860) 886-2828
29	.7 mi	10:00 AM	10th JULIA'S KID'S RUN		NEW HAVEN, CT	www.jbsports.net	(516) 487-9502
29	4 mi	9:30 AM	10th JULIA'S RUN	CT97007DR	NEW HAVEN, CT	www.jbsports.net	(516) 487-9502
29	5km & 1mi	9:00 AM	APRIL FOOLS BACKWARD MILE & 5K		ESSEX, CT	cbishop56@sbcglobal.net	(860) 767-0354
29	10.5mi & 5km	10:00 AM	LION'S APRIL FOOLS RACE		MOODUS, CT	lucasjoelin@sbcglobal.net	(860) 873-9163
April	2009						
5	13.1mi & 5K	10:00 AM	DANBURY HALF MARATHON & 5K	CT05004PH	NEW HAVEN, CT	www.jbsports.net	(203) 481-5933
11	3 mi	10:00 AM	EARTH DAY 3 MI TRAIL RACE		MANSFIELD, CT	vivarorumni@easternct.edu	(860) 465-5729
11	5 km	10:00 AM	SALEM ROAD RACE		SALEM, CT	r-kon@sbcglobal.net	(860) 537-4597
18	5 km	10:30 AM	PAWCATUCK LIONS 5K		PAWCATUCK, CT	melanie.diamanti@pfizer.com	(860) 441-3269
19	5 mi	11:00 AM	CLAMDIGGER		WESTERLY, RI	nbotjr@cox.net	(401) 377-2306
19	5 mi	10:45 AM	USATF GRAND PRIX RACE WALK		WESTERLY, RI	jolt47@cox.net	(401) 996-7956
22	5 km		DONAHUE MEMORIAL 5K		PAWCATUCK, CT	djt12@aol.com	(860) 599-5950
25	5 km	10:00 AM	FLANDERS 5K		EAST LYME, CT	kelliswick@yahoo.com	(860) 691-0693
26	10 & 5 km	12:00	ROTARY RIVER RUN	CT01003DR	SIMSBURY, CT	mark.deming@rbc.com	(860) 241-8648
May	2009						
9	10 km	1:00 PM	SHAD BLOOM TRAIL RACE		BLOCK ISLAND, RI	recreation@new-shoreham.com	(401) 466-3223
9	5 km TRAIL	8:30 AM	VIE FOR THE KIDS		SIMSBURY, CT	sym624@comcast.net	(860) 255-7410
16	5 km	9:00 AM	RIVERFRONT RUN 5K	CT090010J	GROTON, CT	susanbailey01@comcast.net	(860) 445-2831
17	4 mi	9:00 AM	15th GUILFORD SAVINGS BANK	CT04008PH	GUILFORD, CT	www.jbsports.net	(203) 481-5933
17	5 km	1:30 PM	QUAKER HILL 5K		QUAKER HILL, CT	kmlester@sbcglobal.net	(860) 287-3918
17	8 mi	9:00 AM	TRAILS TO A CURE		CHESTER, CT	laurie.tomlinson@wachoviasec.com	(860) 526-2240
23	5 mi	9:00 AM	DELANEY DASH	CT00018DR	OLD SAYBROOK, CT	pvolkmar@snet.net	(860) 437-7247
23	5 km	10:00 AM	SUPPORT OF EDUCATION		NORTH STONINGTON	nwlhofmann@comcast.net	(860) 889-5543
24	45 mi	9:00 AM	STEVE HANCOCK RELAY		COLCHESTER-MIDDLE	ficarraj@cox.net	(401) 596-8778
25	1 mi	10:20 AM	21st MEMORIAL MILE	CT96009DR	EAST HARTFORD, CT	juhrig@ci.east-hartford.ct.us	(860) 282-8240
25	10 km	9:00 AM	27th WOODSTOCK MEMORIAL		WOODSTOCK, CT	cbkromer@yahoo.com	(860) 928-1828
25	5 km	NOON	MYSTIC BEARATHON		MYSTIC, CT	katissthebatis@comcast.net	(860) 373-8126
29	7.4 & 3.4mi	6:00 PM	TWILIGHT TRAIL RUN		GROTON, CT	www.twilighttrailrun.com	(860) 536-0060
June	2009						
6	5 km	8:30 AM	KOMEN CT RACE FOR THE CURE	CT04011PH	HARTFORD, CT	www.jbsports.net	(860) 728-5500
7	.5,14.5,3 mi	8:00 AM	24th MYSTIC RIVER TRIATHLON		MYSTIC, CT	nhiggins@oceancommunityymca.org	(860) 536-3575
7	5 km	10:00 AM	LION'S RUN		UNCASVILLE, CT	shauntine@aol.com	(860) 848-2262
9	5 km	6:00 PM	STONINGTON VILLAGE FUN RUNS		STONINGTON, CT	battleofstonington@sbcglobal.net	(860) 536-7798
12	10 km	6:00 PM	NIANTIC BAY 10K	CT99005DR	NIANTIC, CT	robbsct@comcast.net	(860) 912-0206
14	5 km	9:00 AM	DCF 5K & KIDS RUN	CT98003DR	WATERBURY, CT	www.jbsports.net	(203) 481-5933
16	5 km	6:00 PM	STONINGTON VILLAGE FUN RUNS		STONINGTON, CT	battleofstonington@sbcglobal.net	(860) 536-7798
16	.25, 5MI, 5K	6:15 PM	WINDING TRAILS TRI #1		FARMINGTON, CT	sym624@comcast.net	(860) 255-7410
17	VARIOUS	6:00 PM	TOM McCOY FAMILY FUN RUNS #1		MISQUAMICUT, RI	nbotjr@cox.net	(401) 377-2306
18	5 km	7:00 PM	ST. CATHERINE'S		PRESTON, CT	rpicolli@comcast.net	(860) 887-2163
20	2.5, 5 mi	9:00 AM	TOUR de NOANK		GROTON, CT	ggoode@town.groton.ct.us	(860) 536-5689
21	5, 2 & 1 mi	10:15 AM	29th BRANFORD ROAD RACE	CT98010DR	BRANFORD, CT	www.jbsports.net	(203) 488-4457
23	5 km	6:00 PM	STONINGTON VILLAGE FUN RUNS		STONINGTON, CT	battleofstonington@sbcglobal.net	(860) 536-7798
23	.25, 5MI, 5K	6:15 PM	WINDING TRAILS TRI #1		FARMINGTON, CT	sym624@comcast.net	(860) 255-7410
24	VARIOUS	6:00 PM	TOM McCOY FAMILY FUN RUNS #2		MISQUAMICUT, RI	nbotjr@cox.net	(401) 377-2306
25	1 mi	7:00 PM	CANNONBALL RUN	CT95004DR	PRESTON, CT	tkakane@sbcglobal.net	(860) 823-1422
27	5 km	11:00 AM	IRISH FESTIVAL 5K		NORTH HAVEN, CT	wssac-ct@juno.com	(203) 481-7453
28	13.1mi	8:30 AM	29th FAIRFIELD HALF MARATHON	CT06008JH	FAIRFIELD, CT	www.jbsports.net	(203) 481-5933
28	5 km	8:30 AM	FAIRFIELD 5K	CT95003DR	FAIRFIELD, CT	www.jbsports.net	(203) 481-5933

COPIES OF THIS SCHEDULE CAN BE OBTAINED BY
SENDING A STAMPED SELF ADDRESSED ENVELOPE TO:

SNERRO SCHEDULE/ Pete Volkmar 174 Plant Street; New London, CT 06320 860-437-7247 pete@snerro.com
RUNNERS SHOULD VERIFY RACE TIMES AND PLACES IN ADVANCE

Schedule is also on line at: <http://www.moheganstriders.org>

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	30	5 km	6:00 PM	STONINGTON VILLAGE FUN RUNS		STONINGTON, CT	battleofstonington@sbcglobal.net (860) 536-7798
	30	.25, 5MI, 5K	6:15 PM	WINDING TRAILS TRI #1		FARMINGTON, CT	sym624@comcast.net (860) 255-7410
July	2009						
	1	VARIOUS	6:00 PM	TOM McCOY FAMILY FUN RUNS #3		MISQUAMICUT, RI	nbotjr@cox.net (401) 377-2306
	4	4 mi	10:00 AM	FOUR ON THE FOURTH		CHESTER, CT	roadraceinfo@chesterrotary.org (860) 526-9058
	7	5 km	6:00 PM	STONINGTON VILLAGE FUN RUNS		STONINGTON, CT	battleofstonington@sbcglobal.net (860) 536-7798
	7	.25, 5MI, 5K	6:15 PM	WINDING TRAILS TRI #1		FARMINGTON, CT	sym624@comcast.net (860) 255-7410
	8	VARIOUS	6:00 PM	TOM McCOY FAMILY FUN RUNS #4		MISQUAMICUT, RI	nbotjr@cox.net (401) 377-2306
	11	5 km	8:30 AM	25thRIVERFEST	CT87006DR	EAST HARTFORD, CT	juhrig@ci.east-hartford.ct.us (860) 282-8240
	12	5 km	9:15 AM	SAILFEST ROAD RACE		NEW LONDON, CT	mwhitehead@chamberECT.com (860) 464-7373
	14	5 km	6:00 PM	STONINGTON VILLAGE FUN RUNS		STONINGTON, CT	battleofstonington@sbcglobal.net (860) 536-7798
	14	.25, 5MI, 5K	6:15 PM	WINDING TRAILS TRI #1		FARMINGTON, CT	sym624@comcast.net (860) 255-7410
	15	5km, 1/2 mi	6:30 PM	12th MIDDLETOWN 5K	CT90012DR	MIDDLETOWN, CT	www.jbsports.net (203) 481-5933
	15	VARIOUS	6:00 PM	TOM McCOY FAMILY FUN RUNS #5		MISQUAMICUT, RI	nbotjr@cox.net (401) 377-2306
	19	10 km	9:00 AM	MONTVILLE MASTERS		OAKDALE, CT	jbutler@montville-ct.org (860) 848-3030 x
	21	1 mi	6:00 PM	NICK BOTTONE TRACK MILE		WESTERLY, RI	nbotjr@cox.net (401) 377-2306
	21	5 km	6:00 PM	STONINGTON VILLAGE FUN RUNS		STONINGTON, CT	battleofstonington@sbcglobal.net (860) 536-7798
	21	.25, 5MI, 5K	6:15 PM	WINDING TRAILS TRI #1		FARMINGTON, CT	sym624@comcast.net (860) 255-7410
	22	VARIOUS	6:00 PM	TOM McCOY FAMILY FUN RUNS #6		MISQUAMICUT, RI	nbotjr@cox.net (401) 377-2306
	28	5 km	6:00 PM	STONINGTON VILLAGE FUN RUNS		STONINGTON, CT	battleofstonington@sbcglobal.net (860) 536-7798
	28	.25, 5MI, 5K	6:15 PM	WINDING TRAILS TRI #1		FARMINGTON, CT	sym624@comcast.net (860) 255-7410
	29	VARIOUS	6:00 PM	TOM McCOY FAMILY FUN RUNS #7		MISQUAMICUT, RI	nbotjr@cox.net (401) 377-2306
August	2009						
	1	11.6 mi	9:00 AM	OCEAN BEACH (FREE)		NEW LONDON, CT	heddingw@aol.com (860) 739-9927
	2	10mi, 5km	8:00 AM	3rd SEA LEGS SHUFFLE	CT90012DR	GUILFORD, CT	www.jbsports.net (203) 481-5933
	4	5 km	6:00 PM	STONINGTON VILLAGE FUN RUNS		STONINGTON, CT	battleofstonington@sbcglobal.net (860) 536-7798
	4	.25, 5MI, 5K	6:15 PM	WINDING TRAILS TRI #1		FARMINGTON, CT	sym624@comcast.net (860) 255-7410
	6	VARIOUS	6:00 PM	TOM McCOY FAMILY FUN RUNS #8		MISQUAMICUT, RI	nbotjr@cox.net (401) 377-2306
	8	5 mi	9:05 AM	DEARY MEMORIAL		PUTNAM, CT	VBates@daykimball.org (860) 928-7141
	11	5 km	6:00 PM	STONINGTON VILLAGE FUN RUNS		STONINGTON, CT	battleofstonington@sbcglobal.net (860) 536-7798
	11	.25, 5MI, 5K	6:15 PM	WINDING TRAILS TRI #1		FARMINGTON, CT	sym624@comcast.net (860) 255-7410
	12	VARIOUS	6:00 PM	TOM McCOY FAMILY FUN RUNS #9		MISQUAMICUT, RI	nbotjr@cox.net (401) 377-2306
	13	5 km	6:25 PM	19th SPECIAL O. CORPORATE 5K	CT90012DR	HARTFORD, CT	www.jbsports.net (203) 481-5933
	13	5 km	6:30 PM	23rd HIGH SCHOOL X COUNTRY		EAST HARTFORD, CT	juhrig@ci.east-hartford.ct.us (860) 282-8240
	15	5 km	9:00 AM	LIBERTY BANK BLUEFISH	CT0000DR	CLINTON, CT	chamber@clintonct.com (860) 669-3889
	16	5 mi	8:25 AM	WATERFORD WEEK		WATERFORD, CT	ksullivan@waterfordct.org (860) 444-5881
	18	5 km	6:15 PM	BATTLE OF STONINGTON		STONINGTON, CT	battleofstonington@sbcglobal.net (860) 536-7798
	18	.25, 5MI, 5K	6:15 PM	WINDING TRAILS TRI #1		FARMINGTON, CT	sym624@comcast.net (860) 255-7410
	19	VARIOUS	6:00 PM	TOM McCOY FAMILY FUN RUNS #10		MISQUAMICUT, RI	nbotjr@cox.net (401) 377-2306
	24	3 mi	6:00 PM	STAVROS BEACH RUN (FREE)		WESTERLY, RI	(401) 377-2306
	25	5 km	6:00 PM	STONINGTON VILLAGE FUN RUNS		STONINGTON, CT	battleofstonington@sbcglobal.net (860) 536-7798
September	2009						
	1	5 km	6:00 PM	STONINGTON VILLAGE FUN RUNS		STONINGTON, CT	battleofstonington@sbcglobal.net (860) 536-7798
	7	20 km	8:30 AM	32nd NEW HAVEN ROAD RACE	CT01017DR	NEW HAVEN, CT	www.jbsports.net (203) 481-5933
	7	5 km, 1/2 mi	8:30 AM	NEW HAVEN 5 km & 1/2 mi	CT90010DR	NEW HAVEN, CT	www.jbsports.net (203) 481-5933
	8	5 km	6:00 PM	STONINGTON VILLAGE FUN RUNS		STONINGTON, CT	battleofstonington@sbcglobal.net (860) 536-7798
	9	5 km	6:00 PM	ROGER SCHONNING		WESTERLY, RI	pchorlton@oceancommunityymca.com (401) 596-2894
	12	5 km & 10 km	9:30 AM	ARTISTRY IN MOTION		OLD LYME, CT	kanemc@aetna.com (860) 227-4052
	12	15 km	1:30 PM	RUN AROUND the BLOCK		BLOCK ISLAND, RI	bichamber@yahoo.com (401) 466-2982
	15	5 km	6:00 PM	STONINGTON VILLAGE FUN RUNS		STONINGTON, CT	battleofstonington@sbcglobal.net (860) 536-7798
	19	3.5 mi	10:00 AM	LISBON FALL FESTIVAL		LISBON, CT	edjoly01@snet.net (860) 376-4381
	20	5 mi	10:00 AM	EAST ROCK CHALLENGE		NEW HAVEN, CT	wssac-ct@juno.com (203) 481-7453
	20	.5,16,3 mi	8:30 AM	YMCA TRIATHLON		WESTERLY, RI	pchorlton@oceancommunityymca.org (401) 596-2894
	26	5 km	9:00 AM	RHYTHM RUN		COLCHESTER, CT	5krhythmrun@comcast (860) 303-0710
	26	5 km	TBD	RUN WITH FRED		NEW LONDON, CT	timothy.d.lamp@pfizer.com (860) 537-6537
	26	1 mi	9:30 AM	SACRED HEART		TAFTVILLE, CT	rungdc@aol.com (860) 886-2828
	27	5 km	12:00 PM	GREAT STRIDES	CT03009DR	WATERFORD, CT	grillq@sbcglobal.net (860) 440-2544
	27	13.1 mi	10:00 AM	NIANTIC BAY 1/2 MARATHON	CT03013DR	EAST LYME, CT	www.jbsports.net (203) 481-5933
	27	5 km	10:00 AM	NIANTIC BAY 5K	CT03013DR	EAST LYME, CT	www.jbsports.net (203) 481-5933
	27	5 km	9:30 AM	TOMMY FUND 5K	CT07017JH	NEW HAVEN, CT	www.jbsports.net (203) 481-5933

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October	2009						
3	5 km	10:00 AM	MOVEABLE FEAST		WATERFORD, CT	veetomm@aol.com	(860) 437-9935
3	4 mi	9:00 AM	STONY CREEK 4 MI		STONY CREEK, CT	www.jbsports.net	(203) 481-5933
3	26.2 Mi	7:00 AM	WALK ACROSS SE CT		OLD SAYBROOK TO	www.tbbcf.org	(860) 245-0402
4	3.45 Mi	10:00 AM	RUN FOR RIBBONS (TRAIL)		BRANFORD, CT	wssac-ct@juno.com	(203) 481-7453
4	10 km	10:00 AM	STRIDES 10K ROAD RACE		WATERFORD, CT	tsullivan@thearcnlc.org	(860) 889-4435
4	1 mi	1:00 PM	STRIDES 1MI ROAD RACE		WATERFORD, CT	tsullivan@thearcnlc.org	(860) 889-4435
4	5 km	11:30 AM	STRIDES 5K ROAD RACE		WATERFORD, CT	tsullivan@thearcnlc.org	(860) 889-4435
11	5 km	10:00 AM	AUTUMN ON THE SOUND		WEST HAVEN, CT	wssac-ct@juno.com	(203) 481-7453
17	5 km	9:00 AM	RUN FOR THE PENGUINS		MYSTIC, CT	jdtrahan@comcast.net	(860) 536-8766
18	4 mi	10:00 AM	BRANFORD SHORES		WEST HAVEN, CT	wssac-ct@juno.com	(203) 481-7453
18	5 km	11:00 AM	RUN FOR THE PUMPKINS		WESTERLY, RI	pduffy@westerly.org	(401) 348-2597
25	5 km	12:30 PM	COLUMBIA AUTUMN CLASSIC	CT03010DR	COLUMBIA, CT	suec412@sbcglobal.net	(860) 836-8935
25	VARIOUS	10:00 AM	KIDS FOR KIDS (<13)		WEST HAVEN, CT	wssac-ct@juno.com	(203) 481-7453
31	5 km	10:00 AM	MXCC \$CHOLARSHIP 5K		MIDDLETOWN, CT	TWright@mxc.comnet.edu	(860) 343-5708
November	2009						
1	5 km	10:00 AM	PLATT TECH		MILFORD, CT	susan.murphy@ct.gov	(203) 783-5307
1	5.5 mi	1:30 PM	TARZAN BROWN		MYSTIC, CT	nhiggins@oceancommunityymca.com	(860) 536-3575
8	5 km	11:00 AM	WESTERLY K of C		WESTERLY, RI	turano22@verizon.net	(401) 596-1684
14	4.75 mi	10:00 AM	EBAC FALL CHALLENGE		NEW LONDON, CT	pvolkmar@snet.net	(860) 437-7247
22	8 mi	11:00 AM	LI'L RHODY RUNAROUND		CHARLESTOWN, RI	nbotjr@cox.net	(401) 377-2306
26	1 or 3 mi	8:30 AM	17h TURKEY TROT & DIP		MYSTIC, CT	nhiggins@oceancommunityymca.org	(860) 536-3575
26	5 km	8:30 AM	ROTARY Y RUN & WALK	CT98003DR	BRANFORD, CT	www.jbsports.net	(203) 481-5933
28	5 km	1:30 PM	TURKEY TROT		BLOCK ISLAND, RI	bichamber@yahoo.com	(800) 383-24744
December	2009						
6	5.1 mi	1:00 PM	PEARL HARBOR DAY- MASTER'S		WATERFORD, CT	ksullivan@waterfordct.org	(860) 444-5881
13	5 km	10:00 AM	25th CHRISTOPHER MARTIN'S RUN	CT07001JR	NEW HAVEN, CT	www.jbsports.net	(203) 481-5933
January	2010						
1	VARIOUS	10:30 AM	CHILLY CHILI		WEST HAVEN, CT	wssac-ct@juno.com	(203) 481-7453
10	3.05 mi	1:30 PM	15th SNOW DASH		EAST HARTFORD, CT	juhrig@ci.east-hartford.ct.us	(860) 282-8240