

**TWILIGHT TRAIL RUN**  
**BLUFF POINT & HALEY FARM STATE PARKS, 2009**  
**Friday 4 June 2010**

**Event: Trail Race/Run/Walk through State Park, Limited to 400 People**

**T-shirt Guaranteed to the first 250, Must Finish Before Sunset**

**Proceeds to Benefit Women's Center of Southeastern Connecticut**

Timing by SNERRO



Courses: **Trail Race**

**6:00 PM Sharp: 7.4-Mile Loop Through Bluff Point & Haley Farm State Parks**

**Trail Run/Fun Walk**

**6:00 PM Sharp: 3.2-Mile Loop on Bluff Point State Park Main Trail**

**Place: Bluff Point State Park and Coastal Reserve, Groton CT Parking Lot,**

**Website: [www.twilighttrailrun.com](http://www.twilighttrailrun.com)**

**OnLine Registration - <http://www.signmeup.com/67984>**

**Directions: From Interstate 95, Exit 88, South on State Highway 117 (also called Newtown Rd), Right US Highway 1 (also called Fort Hill Rd), Left at 1st light onto Depot Rd, (just prior to Dairy Queen) Continue on Depot Rd and Follow Bluff Point State Park Signs.**

**Entry Fee: \$15.00 postmarked before May 28, 2010, \$20.00 after May 28, 2010,**

**"Limited Registration Day of Run",**

**Awards: Male & Female Age group Awards, Raffle & Refreshments Following Event**

Mail Entry Form & Non-Refundable Fee to: Coast Guard Avery Point Runners,  
PO Box 593, Mystic, CT 06355

Print or Type Last Name: \_\_\_\_\_ **Make Checks Out to: CG Avery Point Runners**

Print or Type First Name \_\_\_\_\_ Email \_\_\_\_\_

Street \_\_\_\_\_ Town \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Age (on race day) \_\_\_\_\_ T-Shirt Size \_\_\_\_\_

Sex Male\_\_\_ Female\_\_\_ Event/Distance 3.6M Walk/Run\_\_\_ 7.4M Race\_\_\_

Fee enclosed (postmarked before May 28, 10) \$15.00 \_\_\_\_\_

Fee enclosed (after May 28, 10) \$20.00 \_\_\_\_\_ (DO NOT MAIL AFTER MAY 28, 2010)

Signature (parent or guardian must sign if under 18) \_\_\_\_\_

\*In consideration of accepting this entry form I hereby for myself, my heirs, executors, administrators, and assigns, waive and release any and all rights and claims against the Bluff Point State Park and Coastal Reserve, and any and all associated parties, race organizers, sponsors, and volunteers for any and all injuries suffered by me in connection to the event the Bluff Point State Park Twilight Trail Race, 2010. I attest and verify that I am physically fit and have sufficiently trained to participate in the Bluff Point State Park Twilight Trail Race, 2010. Further, I hereby grant permission to any and all foregoing to use my photographs, videotapes, or any other record of this event without compensation.