

# St. Catherine of Siena 5K

2010 ROAD RACE

Walkers also welcomed

7:00 p.m. THURSDAY JUNE 17, 2010

Amos Lake Beach Club, Preston, CT

[http://web.mac.com/david.r.anderson/St\\_Catherine/St-Cath-Race.html](http://web.mac.com/david.r.anderson/St_Catherine/St-Cath-Race.html)

## THE ANNUAL RUN IN THE COUNTRY

The race begins at the Amos Lake Beach Club, which is off Route 164, 2 miles north of the intersection of Route 2 or 1 mile south of the intersection of Route 165 and east on Hollowell Rd.

**PRE-REGISTRATION: BY MAIL - \$13.00 BY JUNE 11, 2010.** Number can be picked up at the registration desk after 5:30 p.m. on the day of the race.

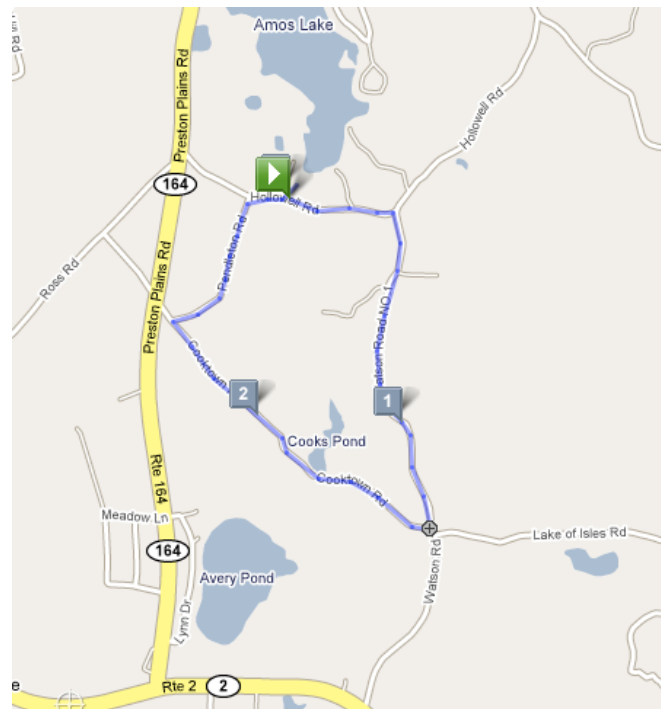
**POST-REGISTRATION: \$15.00** at the registration desk after 5:30 p.m. until race time.

**DOOR PRIZES - YOUR RACE NUMBER IS YOUR ENTRY.**

**REFRESHMENTS WILL BE AVAILABLE.**

## AWARDS

**PRIZES/GIFT CERTIFICATES WILL BE AWARDED TO THE FIRST, SECOND AND THIRD PLACE FINISHERS IN EACH AGE DIVISION**



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(Please detach and return) TELEPHONE \_\_\_\_\_

NAME \_\_\_\_\_ AGE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

Check one of the spaces below:

<b><u>MEN</u></b>	Junior ( ) ; (18 & under)	Open ( ) ; (19 to 39)	Master ( ) ; (40 to 49)	Grand Master ( ) ; (50 to 59)	Senior ( ) ; (60 and Over)
<b><u>WOMEN</u></b>	Junior ( ) ; (18 & under)	Open ( ) ; (19 to 39)	Master ( ) ; (40 to 49)	Grand Master ( ) ; (50 to 59)	Senior ( ) ; (60 and Over)

Please enter me in the 2008 Road Race. In consideration of this entry being accepted, I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may incur against St. Catherine of Siena, the Amos Lake Beach Club, the Road Race Committee, representatives, successors, employees, and assigns for any and all injuries, damages, or expenses suffered by me at said race or in travel to or from it.

SIGNATURE: \_\_\_\_\_  
(Parent's signature required if runner is under 18 years of age)

MAKE CHECK PAYABLE TO: ST. CATHERINE OF SIENA (ROAD RACE)

MAIL TO: St. Catherine of Siena/Road Race, Rt. 164 Preston, CT 06365

Race Director: Ron Piccoli Tel. 860-887-2163 e-mail: rpiccoli@comcast.net

Check One: I would like a Tee Shirt; SM ( ), MED ( ), LG ( ), XLG ( )