

SACRED HEART SCHOOL 6TH ANNUAL "DASH TO HEAVEN" 1 MILE RACE

WHEN: SAT. OCT. 4, 2014 (7:00-9:15AM) REGISTRATION (9:30AM) 1 MILE RACE

WHERE: SACRED HEART SCHOOL-TAFTVILLE, CT. (15 HUNTERS AVE.)

WHY: ALL PROCEEDS WILL GO TOWARDS THE SCHOOLS PHYSICAL EDUCATION PROGRAM.

ENTRY INFO: \$14(PRE-REGISTERED) \$17(RACE DAY)
TO ALL SACRED HEART STUDENTS>>> \$8(PRE-REGISTERED) \$10(RACE DAY)

- RACE AMENITIES:** * AWARDS TO TOP 3 (MALE/FEMALE) IN 9 AGE CATEGORIES.
*OVERALL AWARDS TO TOP MALE/FEMALE.
*SPECIAL AWARDS TO OVERALL & TOP 5 SACRED HEART STUDENTS (BOY/GIRL)
*FREE T-SHIRTS TO 1ST 75 PRE-REGISTERED. *RAFFLE DRAWING AFTER RACE.
*REFRESHMENTS WILL BE SERVED AFTER RACE CONCLUDES.

TIMING OF RACE: SNERRO



RACE COURSE: START LINE IS LOCATED IN FRONT OF THE TAFTVILLE POST OFFICE ON SOUTH B ST.-RUNNERS PROCEED WEST AND TAKE A RIGHT ONTO HUNTERS AVE.-ANOTHER RIGHT ONTO PROVIDENCE ST. (RT. 169)-ANOTHER RIGHT ONTO SOUTH 4TH AVE.- ANOTHER RIGHT ONTO MATHIEU AVE.-A RIGHT BACK ONTO HUNTERS AVE.-THEN A FINAL RIGHT BACK ONTO SOUTH B ST....WITH THE FINISH LINE IN FRONT OF THE SCHOOLS PARKING LOT.

(RACE COURSE WILL BE MARKED EVERY 1/8 MILE-THE 1/2 MILE MARK IS RIGHT IN THE MIDDLE INTERSECTION OF SOUTH 4TH AVE. AND SOUTH B ST.....SECOND HALF OF SOUTH 4TH AVE IS A STEEP HILL BEFORE YOUR TURN ONTO MATHIEU ST.)

REGISTRATION BY MAIL: MAKE CHECKS PAYABLE TO (SACRED HEART SCHOOL 1 MILE RACE) AND MAIL TO:

FURTHER INFO: GLENN COSTELLO PHONE (860) 886-2828
EMAIL: rungdc@aol.com

GLENN COSTELLO-SHS 1 MILE RACE
75 LAFAYETTE ST.
NORWICH, CT. 06360

=====TEAR OFF HERE AND RETURN LOWER PORTION=====

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LAST NAME FIRST NAME SEX AGE PHONE #

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MAILING ADDRESS CITY/TOWN

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ZIP CODE STATE EMAIL ADDRESS

MARK BOX WITH "X"

IN CONSIDERATION OF THIS ENTRY BEING ACCEPTED, I WAIVE ANY AND ALL CLAIM OF MYSELF, MY HEIRS, EXECUTORS, AND ADMINISTRATORS, AGAINST OFFICIALS, SPONSORS, VOLUNTEERS, SNERRO, SACRED HEART SCHOOL, TOWN OF TAFTVILLE, TAFTVILLE FIRE DEPARTMENT, AND THE CITY OF NORWICH FOR INJURY OR ILLNESS WHICH MAY DIRECTLY/INDIRECTLY RESULT FROM MY PARTICIPATION AND/OR TRAVEL TO THE EVENT. I CERTIFY THAT I HAVE TRAINED AND AM PHYSICALLY FIT FOR THIS EVENT. I ALSO CERTIFY AND GIVE PERMISSION FOR ANY MEDIA OUTLET TO FILM/RECORD AND IMAGE OF MYSELF OR MY CHILD.

DATE SIGNATURE (PARENTS SIGNATURE IF UNDER 18)

(ADULT T-SHIRT SIZE) S M L XL

*CHECK BOX IF SACRED HEART STUDENT

PLEASE MAKE CHECK PAYABLE TO:

"SACRED HEART SCHOOL 1 MILE RACE"

FOR RACE
USE ONLY

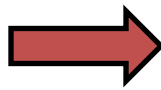
(SCHOOL WEBSITE: WWW.SACREDHEARTTAFTVILLE.ORG)

DIRECTIONS TO SACRED HEART SCHOOL-TAFTVILLE, CT. :

*****USING MAPQUEST OR GPS SYSTEM, THE MAILING ADDRESS IS:**

15 HUNTERS AVE., TAFTVILLE, CT. 06380

MY LOCKER.NET
YOU DESIGN IT. WE MAKE IT. YOU WEAR IT.™



***RUN AMOK WINNERS WILL RECEIVE PROMO CODE FOR FREE PERSONALIZED CLOTHING....\$10 GIFT CODES TO ALL OTHER RUNNERS. FUNDRAISING EVENT FOR THE SCHOOL!!**

**RUN "AMOK" SPIRITUAL MILE
2014 RACE SERIES**



***THIS IS THE FINAL RACE FOR THIS UNIQUE SERIES. YOU MUST HAVE RUN IN THE PREVIOUS TWO RACES...TAFTVILLE CONG. CHURCH 3RD ANNUAL LOU DEPINA 1 MILER (JUNE 21) AND GREENVILLE CONG. CHURCH 6TH ANNUAL "GREENVILLE MILE" (JULY 26).**

***THE TOP MALE/ FEMALE WITH THE LOWEST ACCUMULATED TIME FROM ALL THREE RACES WILL RECEIVE A VOUCHER FOR A PERSONALIZED APPARELL.**

***ALL OTHER RUNNERS WHO COMPLETED ALL THREE(3) RACES WILL RECEIVE A FREE SPECIAL PARTICIPANT T-SHIRT.**

***AWARDS WILL BE HANDED OUT AT THE FINAL RACE.**

RACE AGE DIVISIONS:

TOTS: 0-9

ELEMENTARY: 10-14

JUNIOR: 15-18

OPEN: 19-29

SUB-MASTER: 30-39

MASTER: 40-49

GRAND-MASTER: 50-59

VETERAN: 60-69

SENIOR: 70+

2009 WINNING TIMES

JACOB EDWARDS (AGE 22) 4:36.1

LAUREN SCAHILL (AGE 14) 6:21.1

2010 WINNING TIMES:

ROBERT BUTTERMORE (AGE 23) 5:26.6

LAUREN SCAHILL (AGE 15) 6:24.1

2011 WINNING TIMES:

TYLER SHOLES (AGE 12) 6:02:9

CARMEN CARON (AGE 36) 6.18:8

2012 WINNING TIMES:

ROBERT BUTTERMORE (AGE 25) 5:20.8

STELLA BRITOS (AGE 33) 7:09.5

2013 WINNING TIMES:

JEFREY OPILA (AGE 26) 5:20.0

KATHERINE LORANGE (AGE 12) 7:18.4

