



30th ANNUAL PEARL HARBOR
5 MILE MEMORIAL ROAD RACE
FOR MASTER RUNNERS ONLY (40 & OVER)
IN RECOGNITION OF PEARL HARBOR DAY
December 6th, 2009

HOSTED BY: VFW POST 6573
CONDUCTED BY: WATERFORD RECREATION AND PARKS COMMISSION
REGISTRATION: STARTS AT NOON
FEE: \$15.00.



TEE SHIRTS TO THE FIRST 100 ENTRIES!!

IN COOPERATION WITH: WATERFORD VFW, SNERRO (SOUTHERN N.E. ROAD RACE OFFICIALS), TOWN OF WATERFORD RECREATION AND PARKS AND A SPECIAL THANKS TO WATERFORD POLICE, WATERFORD FIRE POLICE AND "FIRE AND ICE" RESTURANT

DIVISIONS: MEN and WOMEN 40-44, 45-49, 50-54, 55-59, 60-64, 70-79, 80+

PROCEEDS: WATERFORD VFW YOUTH ACTIVITIES FUND
PRIZES: FIRST THREE (3) PLACES IN EACH DIVISION
REFRESHMENTS: FOR ALL RUNNERS AT THE VFW
PARKING/CHANGING: AVAILABLE AT THE VFW
INDIVIDUAL TIMES: POSTED AT THE VFW AFTER THE RACE
CHECKS PAYABLE TO: WATERFORD VFW POST 6573
MAIL ENTRY FORM TO: WATERFORD VFW, POST 6573, 382 BOSTON POST ROAD, WATERFORD, CT. 06385

ENTRY FORM (PRINT CLEARLY)

NAME: _____ AGE _____ SEX _____
 ADDRESS _____ TOWN _____ ZP _____
 SHIRT SIZE: S _____ M _____ L _____ XL _____ PHONE _____

WAIVER (MUST BE SIGNED): IN CONSIDERATION OF YOUR ACCEPTING THIS ENTRY, I DO HEREBY FOR MYSELF, MY HEIRS AND EXECUTORS WAIVE AND RELEASE FOREVER AND DISCHARGE ANY/ALL CLAIMS FOR DAMAGES WHICH I MAY HAVE OR WHICH HEREAFTER MAY ACCRUE TO ME AGAINST THE TOWN OF WATERFORD, WATERFORD VFW, POST 6573, SNERRO OFFICIALS, THE "FIRE AND ICE" RESTURANT AND ANY OR ALL OTHER SPONSORS FOR ALL CLAIMS ARISING OR GROWING OUT OF MY PARTICIPATION IN SAID EVENT.

SIGNED _____ DATE _____