THE LIONS CLUB OF PAWCATUCK
CHARITY 5K ROAD RACE
"BE THANKFUL YOU CAN SEE"

DATE: Saturday, May 1, 2010 Timing by SNERRO - http://www.snerro.com

TIME: 10:15 AM – Kid's Short Fun Run 10:30 AM – 5K Road Race

COURSE: Accurate 5K Scenic Riverside Run Along the Historic Pawcatuck River

FEE: $15 Postmarked by April 15, 2010. $18 thereafter and on race day

T-SHIRTS: Free – limited quantity – register early! Select size below.

REGISTRATION: Day of Race 9:15–10:00 AM. Online: http://www.runreg.com/events/register.asp?eventid=2238

AGE GROUPS: 13 years and under; 14-19 yrs; 20-29 yrs; 30-39 yrs; 40-49 yrs; 50-59 yrs; 60-69 yrs; 70+

AWARDS: Top Male & Female finishers; top Male & Female finisher in each age group

INFORMATION: Contact Melanie Diamanti (860) 441-3269 or via email: melanie.diamanti@pfizer.com

SEND TO: Entry Forms and checks payable to: **Lions Club of Pawcatuck**
c/o Melanie Diamanti
24 Timber Ridge Drive
Pawcatuck, CT 06379

DIRECTIONS:

From North: (MA, NH, Providence) I-95 S to Exit 92 in Connecticut. At end of ramp turn left onto Route 49 following through to light at intersection of Route 2. Left onto Route 2 and follow to end where Route 2 meets Route 1 (Mobil Station on right). Cross through intersection and immediately turn right after passing under rail road bridge.

From South: (New London) I-95 N to Exit 91. At end of ramp proceed straight through intersection onto Route 234 (Pequot Trail). Follow to traffic light at end. Turn left at light onto Route 1 & after railroad overpass (Mobil Station on left), immediate right turn.

Turn Left into parking lot directly behind CC O'Brien's Pub (8 Mechanic Street).

---------- *Cut here and return lower portion* ----------

OFFICIAL ENTRY FORM

Name: _____ Gender: M F Age: ____ T-Shirt Size: S M L XL

Address: _____ City: _____ State: _____

Zip: _____ Phone: _____ Email: _____

Pre-Registration: $15.00 After April 15, 2010 and Race Day: $18.00

In consideration of the acceptance of this entry in the Lions Club of Pawcatuck Charity Road Race, I hereby waive all claims for myself, my heirs and estate against all race officials, organizers, sponsors, Lions Club of Pawcatuck and the Town of Stonington for any injury or illness, which may result from my participation in this race. I also state that I am in proper physical condition to compete in this race.

_____

Signature (Parent/Guardian if Under age 18)