



Earth Day 3 Mile



TRAIL RUN

When: Saturday April 10, 2010

**Hit The Trail Running With Eastern Connecticut State University
Beat Our Target Runners, And Their Sponsors Will Support "No Student Left Inside"
An Initiative Of The Eastern Outdoors Club**

Where: Mansfield Hollow

Time: 10:00 AM

How Much: \$10.00 if postmarked before April 1st, \$15.00 on Race Day

\$5.00 for ECSU students with a copy of your student ID

Divisions as Follows:

Awards- 3 Deep in Male and Female Divisions

Youth: 12 and under

Junior: 13-19; Open: 20-29

Submaster: 30-39; Master: 40-49

Grandmaster: 50-59; Veteran: 60-69

Senior: 70+

T-shirts to the first 50 registrants

Professional timing by SNERRO

Food and Fun at the Post Race Celebration

Directions to Mansfield Hollow Trail Course

From Willimantic: Take 195 north past the East Brook Mall. Continue north on 195 to the stop light at Bassetts Bridge Rd and the boat launch sign. Take a right onto Bassetts Bridge Rd. Follow Bassetts Bridge Rd. for 3/4 of one mile. Park is on the left. Follow entrance road past the baseball field.

\$10.00 before 4/1/10
\$15.00 Race Day
\$5.00 for ECSU
students with a copy
of your student ID

**Send your check payable to: Eastern Connecticut State University
Mail To: Norma Vivar-Orum (EES DEPT- Science Building)
Eastern Connecticut State University
83 Windham St
Willimantic, Ct 06226**

Name _____

Address _____ City _____ State _____ Zip _____

Age on Race Day _____ Sex _____ (M or F) Date of Birth _____

In consideration of acceptance of this entry, I the undersigned intending to be legally bound, do hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the race director and officials, Eastern Connecticut State University, the town of Mansfield, their representatives, any and all race sponsors and supporters, volunteers, their agents, successors and assigns, for any and all injuries or damage to property suffered by me in said event. I assume all risks with entering this event, including but not limited to falls, contact with other participants, effects of weather, including high heat and humidity, extreme cold, ice, snow or wind, traffic, roots, rocks and the condition of the trail. All such risks being known and appreciated by me. I attest and verify that I am physically fit and sufficiently trained for the completion of this event. Further, I hereby grant full permission to any and all the foregoing to use my photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purposes without compensation or remuneration. I know that bicycles are allowed on the course. I accept the no refund policy.

Signature _____ Parent if under 18 _____